



C.U.B.S.

A Kaweah Health Hospice Program



What is C.U.B.S.?

Children Undergoing Bereavement Support

Children are often forgotten in the cycle of grief. Their grief is often overlooked because the adults around them do not know what to say or do to help them as they process grief. Children who are grieving often become quiet, withdrawn and may even act out. They do not want to make the adults in their life cry or feel bad.

The C.U.B.S. curriculum offers a healing bridge for communication between children (geared for ages 7-12), parents, grandparents and guardians with the unpredictable journey of grief.

Children work in small groups with other children similar in age and grief circumstances. C.U.B.S. meets weekly for four consecutive weeks under the guidance of a qualified facilitator. Concurrent parent/caregiver support groups are also an integral part of C.U.B.S.

Join Us!

Date: Four Tuesday Evenings in a Row in 2025

January 21st and 28th

February 4th and 11th

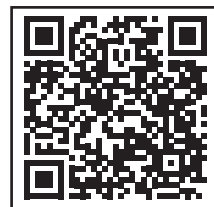
Time: 5:30 PM to 7 PM

Location:

Community Care Conference Room
623 West Willow Avenue
Visalia, CA 93291

**For more information
and to register, call:**

James Susee (559) 733-0642
or visit KaweahHealth.org/cubs



Grief and the Holidays

**RSVP TO KAWEAH HEALTH HOSPICE
JSUSEE@KAWEAHHEALTH.ORG**

2024 DATES AND TIMES

**Tuesday - October 29, 2024
5:30 PM - 7 PM**

**Tuesday - November 5, 2024
5:30 PM - 7 PM**

**Thursday - November 14, 2024
11:45 AM - 1 PM**

**Thursday - November 21, 2024
5:30 PM - 7 PM**

**For questions or to pre-register
call (559) 733-0642**

LOCATION:

Hospice Conference Room
623 W. Willow Avenue
Visalia, CA 93291

The most wonderful time of the year? Maybe. But perhaps, you are experiencing the most difficult time in your life. Our grief support services here at Kaweah Health Hospice desire to provide you a safe place to express yourself and experience help and healing. Potentially, you may encounter some peace and joy, with out feeling the need to ignore the reality of heartache and sorrow. A story of grief and loss is what currently connects us. But together, as we explore our thoughts and feelings, we may just find out that so much more connects us. You are not alone, there is help available, and love lives on. Please join us!

 **Kaweah Health
Hospice**